

American Smooth Competition Series
Waltz, Tango, Fox Trot
with Jeff Chandler

The purpose of this Competition Series is to teach and coach students in a group class atmosphere much in the same manner that I would work with competitive dancers in a private lesson. This includes choreography, technique, & presentation. The series is also meant to raise the level and execution of your dancing.

Group classes are mainly geared toward social dancing and are structured to appeal to anyone wishing to learn new patterns and as much technique as possible to make your dancing more enjoyable. The Competition Series will do the same thing but with a much stronger emphasis on technique, individual attention, and working toward a common goal. **We will accept a maximum number of 30 couples on a first come first serve basis. You may register at Just Dance Ballroom at any time.**

Dancing competitively is not a requirement for the series. However, you will be trained with the same focus and attention to detail as if you were going to compete. That being said, I would hope that everyone would feel such confidence with their dancing by the end of the series that they would want to give competitive dancing a try.

DATES & TIMES:

Mondays - January 4th thru June 28th (24 weeks) at Just Dance Ballroom

7:30 - 9:30 (no class on President's Day or Memorial Day)

We will also try to schedule regular practice times.

DANCES AND LEVELS COVERED:

American Style Smooth (Open Silver Level) - Waltz, Tango, Fox Trot. We will work within the Silver level syllabus and Silver level variations. We will be covering a limited version of the same material in the Friday 7:00 class January thru April at Allegro Ballroom. The purpose being to reinforce the Competition material. If you can take both classes it will be to your advantage.

PARTNERING:

A partner is required for the class but I will accept singles during the month of January for those of you looking for a partner. **Please email me as I will be compiling a list of those looking for a partner(jeffreybchandler@yahoo.com).** You may also take the series without a partner to work on your own balance, footwork, center, etc.

REQUIREMENTS:

- Completion of **at least a Bronze II level in American Smooth** or teacher approval.
- Commitment of **at least 2 hours of practice a week outside of class.**
- Occasional private lessons with a qualified instructor.

STRUCTURE:

The first part of each 2 hour session will be dedicated to technical training for each dance (i.e. posture, footwork, frame, partnering, and movement). We will then move on to choreography. The last 1/2 hour of the session will be dedicated to practice and individual instruction. Choreography will be completed in the first 12 weeks and more focused training will take place in the last 12 weeks. Once all choreography is completed we will include 1 minute 45 second rounds in each dance to build stamina. This is the maximum amount of time the music is played for each dance at a competition.

MATERIALS:

Each student will be provided with detailed 'Step Lists' for each dance composition as well as a technique outline. This will include '4 walls' of material for each dance. We will also occasionally spend some time in the class for note taking. All you need is a pen, notebook, and your dance shoes.

COMPETITION PREPARATION:

We will prepare everyone for the competition experience. This will include holding a mock competition judged by other professionals. We will also cover what to expect at the competition, how you will be judged, warming up and stretching, costuming, grooming, hair & make-up, etc.

There will be extra fees for entries & admission to the event. Competitive dancing is not cheap, however I'm going to work with the competition organizers to make it reasonable and affordable for everyone. We will cover all of this information in class.

COMPETITION:

We will compete in the American Style Smooth events at the International Grand Ball the weekend of July 30th - August 2nd 2010. The IGB is the largest and longest running competition in the Bay Area.

This class will literally raise the level of your dancing. More than anything, I think we will have a great time together and have fun working toward a common goal. I'm really looking forward to it myself.